

Let us commit ourselves once again to the full living of our monastic life:



I recommit myself to the declarations that we have written and the practices and values of our monastic life as lived here in our monastery of Jamberoo.
THAT I MAY BECOME ALL FLAME!



I renew my vow of stability - to live in this community all my life and above all to love each sister:
THAT I MAY BECOME ALL FLAME!



I renew my vow of conversion of life - to daily be converted to the values and teachings of the gospel and the monastic life:
THAT I MAY BECOME ALL FLAME!



I renew my vow of obedience: to live in a continual spirit of listening to the voice of God in the abbess my sisters the church the daily events of my life:
THAT I MAY BECOME ALL FLAME!



I renew my commitment to live the Rule of St Benedict with good zeal and a listening heart
THAT I MAY BECOME ALL FLAME!



I recommit myself to the fuller living of our Constitutions and promise to read and become familiar with what I have vowed.
THAT I MAY BECOME ALL FLAME!



Above all I commit myself to the Gospel precept to love one another.
THAT I MAY BECOME ALL FLAME!



I commit myself to every day performing an act of kindness and consideration towards one of my sisters.
THAT I MAY BECOME ALL FLAME!



I commit myself to the daily singing of the Liturgy of the Hours and will try to keep my mind and voice in harmony.
THAT I MAY BECOME ALL FLAME!



I commit myself to the daily practice of *lectio divina* that I may more fully know and live the gospel of Jesus.
THAT I MAY BECOME ALL FLAME!



I commit myself to full participation in the Celebration of Word and Eucharist that I may become what I receive.
THAT I MAY BECOME ALL FLAME!



I commit myself to give myself totally to supporting and upholding the community through the work to which I have been appointed.
THAT I MAY BECOME ALL FLAME!



I will honour and respect the times and places of silence out of consideration for others and the voice of the Lord trying to break through my noise and speak to my heart.
THAT I MAY BECOME ALL FLAME!



I will strive to show mercy to all, and especially to those with whom I live and the poor and needy, during this coming Jubilee Year.
THAT I MAY BECOME ALL FLAME!



I will see Christ in everyone.
THAT I MAY BECOME ALL FLAME!



I will prefer nothing whatever to the love of Christ and the love of others.
THAT I MAY BECOME ALL FLAME!



And may Christ Jesus bring us all together to life everlasting.
AMEN.

During the coming week:

- Spend some time in *lectio* using
 - the text from Acts recounting the story of Pentecost
 - the story from the Desert Fathers, “Become all Flame”
- Reflect again on the questions: How goes my fire? My passion?
- Am I living “as far as I can” or do I experience a longing for something more? Can I be stretched/ignited some more?
- Name the embers in my life - the areas where I need some stirring up?
- How do I do that?
- What are the things I spend most time on...listening to the radio...watching dvds...working...lying on the bed...talking...using the internet...reading books or articles...wandering around looking for company...how does this time compare to my time spent in lectio?

- Am I prepared to give up secondary activities in order to give more time to *lectio divina* of the Gospels?
- How will we allow the Spirit to scorch us, not only with the Word we need to speak, but also the Word we need to hear?
- How will we open ourselves to the Spirit that comes to set us ablaze with vision?
- Read through the commitments we made and perhaps take one each day to focus on.